



Welcome to The family center Prisman



The family center Prisman is a meeting place for expectant parents and parents with children aged 0–6 years.

A range of health and wellness services for children and parents are all available under one roof here.



The open preschool

You are welcome to meet other children and parents at the open preschool. Here you can play, create, sing, read and take part in various activities. Attending is free and you are responsible for your own child/children. There is also coffee and snacks available for purchase.

See current opening hours at:
[Facebook/familjecentrumprisman](https://www.facebook.com/familjecentrumprisman)



Child health nurse

The child health nurse can help by giving you advice and support in your parenting and in matters relating to your child's health and development.

Parent groups can also provide you with additional information and the opportunity to share your own experiences.



Midwife

The midwifery clinic in Mark is part of the family center Prisman, which offers services such as parental education.

The midwife can be reached weekdays by phone 010 435 95 30 or through e-services at:
www.vgregion.se/markbarnmorskemottagning



Social counselling

Family counsellors provide advice and support for any concerns, no matter how serious.

You can also get information about what the social services can offer in different situations.

Contact and opening hours

The family center Prisman is open Monday–Friday
For regular opening hours, visit: www.mark.se/prisman

Follow us on our Facebook page:
facebook.se/familjecentrumprisman

The family center Prisman consists of

- **The open preschool**
For expectant parents and anyone with children between the ages of 0–6 years. Preschool teachers, child carers and educators are available at the open preschool
- **Child health nurse**
- **Child health nurse**
- **Midwife Barnmorska**
The midwife can be reached weekdays by phone 010 435 95 30 or through e-services at: www.vgregion.se/markbarnmorskemottagning

All staff within the organization are bound by confidentiality.

The family center Prisman

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Mark

The family center Prisman

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VÄSTRA
GÖTALANDSREGIONEN

Närhälsan



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